



WESTERN TRANSPORTATION SAFETY CONSULTING LTD.

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Provincial Hours of Service Course Outline

1. Introduction
 - What is a Safety Fitness Certificate?
 - Operating authority
 - Federal VS Provincial
2. What is a National Safety Code?
 - What vehicles do the NSC regulations apply to?
3. What employees do the regulations apply to?
 - All authorized drivers must comply
 - Logbook and record of Duty Status
3. Authorized Drivers vs Approved Drivers
 - Authorized drivers operate NSC vehicles
 - Approved drivers operate any company vehicle
4. Driving Limits
 - Limits set for drivers to prevent fatigue
5. What is Fatigue?
 - Symptoms of Fatigue
 - Warning Signs of Fatigue
6. Workshift Limits
 - Definition of Workshift
 - Workshift Limits
 - On Duty Definition
7. Mandatory Time Breaks
8. Reduced Rest Provision
9. Co – Driver Requirements

- Conflict of Status
- 10. Form & Manner Requirements
- 11. Daily Log Requirements
- 12. Off Duty Logs
- 13. Supporting Documents
- 14. Exemptions
 - Emergencies and its definition
 - Adverse Driving Conditions and its definition
- 15. Logbook Exemption 160 KM Radius Rule
 - Home terminal explanation
- 16. 15 Hour on Duty Limit
 - When someone is operating under the Radius Exemption
 - Supporting Documents
- 17. Record of Duty Status Form and Manner
- 18. Violations, Inspections and Authorities
- 19. Out Of Service Declaration
- 20. Log Tampering
- 21. Who is an Inspector?
 - Inspectors authority
- 22. Trip Inspections and Weigh Scales
 - Who is required to conduct a trip inspection?
 - Procedures when approaching the scales
- 23. Carrier Responsibilities
 - Compliance with regulations
 - Discipline for non-compliance
 - File drivers logs as per regulations
- 24. Log Book Review
- 25. Carrier Profile
 - Safety rating and R factor defined
 - What needs to be kept on file

Question and Answer Period